

## SUMMER SPORTS INFORMATION

**SPORTS PHYSICALS** Physicals are required every two years for any student participating in our sports program. If your student's last physical was done before April 1, 2019, they will need one this year. A physical by your own physician or one of the special area sports clinics is acceptable.

Student-athletes must be accompanied by their parents or have a signed parental consent form at the time of their physical. Students also are encouraged to have their WIAA Physical Forms filled out prior to their physicals. The forms can be downloaded from the WIAA website: <https://www.wiaawi.org/Portals/0/PDF/Forms/physicalcard.pdf>.

Appointments are necessary at the special sports clinics, so please call soon if you want to take advantage of these clinics. Sports physicals need to be done and the paperwork turned in by August. Bellin does offer sports physicals through any of their FastCare clinics for a fee. No appointment needed, just walk in. Unfortunately, Prevea will not be holding their sports physical clinics as they have in years past.

**OPEN GYM SCHEDULES** Although these are not required, it is important for successful athletic seasons next year that our student athletes are developing their skills throughout the summer

**VARSITY VOLLEYBALL** – Varsity volleyball (9<sup>th</sup>– 12<sup>th</sup> grade) will have open gym Tuesdays and Thursdays from 4:00 - 6:00 pm July 2 - July 30. Open gym will not be held July 23.

**MIDDLE SCHOOL VOLLEYBALL** – Middle School volleyball's (6<sup>th</sup>– 8<sup>th</sup> grade) open gym have yet to be scheduled. We will send out an email once those are confirmed.

**SOCCER** – (6th-12th grade) will have open field on Tuesdays and Thursdays 4:00 - 5:30 pm July 14 - July 30.

**BOYS AND GIRLS BASKETBALL** – There will be open gym basketball (6<sup>th</sup>– 12<sup>th</sup> grade) July 1 - July 29 on Wednesdays 10:00-noon.

A complete soccer and volleyball practice and game schedule will be in the summer parent packets on Wednesday, July 1. Mandatory practices for soccer and volleyball will tentatively begin on August 3.